

Doctor's name:  
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Telephone:  
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Notes:  
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### Appointment table

Please use this table to record the dates of your appointments with your doctor:

Date of appointment	Contraception used	Pregnancy test result	Doctor's Signature
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	
		<input type="checkbox"/> Positive <input type="checkbox"/> Negative Date:	



### Patient Reminder Card for Roaccutane®

**Roaccutane®**  
Isotretinoin

**Roaccutane® must not be taken during pregnancy.**

Roaccutane® can seriously harm an unborn baby if a pregnant woman takes it.

**If you become pregnant or think you might be pregnant, stop taking Roaccutane® immediately and contact your doctor**

Read the package leaflet carefully before you start treatment.

**If you have any questions or concerns about taking Roaccutane®, talk to your doctor or pharmacist.**

## What you have to do if you could become pregnant:

- ❗ **You must use at least 1 highly effective method of contraception (such as an intra-uterine device or an implant) or correctly use 2 effective methods of birth control that work in different ways (such as an oral contraceptive together with a condom) before, during and for 1 month after stopping treatment.**

- ❗ **You must not become pregnant while taking Roaccutane®, or for 1 month after stopping treatment.**
- ❗ **You must attend regular follow-up visits and have regular pregnancy testing:**
  - Before you start treatment, you will have to have a pregnancy test, which must be negative.
  - To make sure you are not pregnant during treatment, you should have regular pregnancy tests, ideally every month. You should also have a final pregnancy test 1 month after stopping treatment

## Reminder for men and women

This medication has been prescribed to you only, **do not share it with anybody and return any unused capsules back to the pharmacy.**

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## Patient Reminder Card

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